

DENTAL & NURSE PRESCRIBER FORMULARIES

This document is dated 1st April 2008.

General dental practitioners may only order drugs included in this list on form GP14.

Pharmacists are under no obligation to supply any other drugs that may be ordered erroneously and can have no claim against the Health Board in respect thereof.

NB - Dentists employed in the Hospital Dental Service are not restricted by this list in their prescribing on form HBP (Scotland).

Aciclovir Cream, BP
 Aciclovir Oral Suspension, 200mg/5ml BP
 Aciclovir Tablets 200mg, 800mg BP
 Amoxicillin Capsules, BP
 Amoxicillin Oral Powder, BP
 Amoxicillin Oral Suspension, BP
 (syn: Amoxicillin Mixture, Amoxicillin Syrup)
 (includes sugar-free formulation)
 Amphotericin Lozenges, BP
 Ampicillin Capsules, BP
 Ampicillin Oral Suspension, BP
 Artificial Saliva Substitutes listed below (*to be prescribed only for indications approved by ACBS)
 AS Saliva Orthana
 Biotene Oralbalance
 Bioextra
 Glandosane
 Saliveze
 Salivix
 Ascorbic Acid Tablets, BP
 Aspirin Tablets, Dispersible, BP
 Aspirin Tablets, Soluble BP
 Azithromycin Oral Suspension 200mg/5ml DPF

Beclometasone Dipropionate Aerosol Inhalation 50 micrograms/metered dose DPF
 Betamethasone Soluble Tablets 500microgram DPF
 Benzydamine Mouth-wash, DPF
 Benzydamine Oral Spray, DPF

Carbamazepine Tablets, BP
 Carmellose Gelatin Paste, DPF (medical device, included in DPF)
 Cephalexin Capsules, BP
 Cephalexin Oral Suspension, BP
 Cephalexin Tablets, BP
 Cefradine Capsules, BP
 Cefradine Oral Solution, DPF
 Chlorhexidine Gluconate 1% Gel, DPF
 Chlorhexidine Mouth-wash, BP
 Chlorhexidine Oral Spray, DPF
 Chlorphenamine Tablets, BP
 Choline Salicylate Dental Gel BP
 Clindamycin Capsules, BP

[*The wording from the ACBS list is that these products may be prescribed for:
Patients suffering from a dry mouth as a result of having or have undergone radiotherapy or Sicca syndrome.]

Diazepam Oral Solution, BP 2mg/5ml
(Syn Diazepam Elixir)

Diazepam Tablets, BP

Diclofenac Sodium Tablets BP

Dihydrocodeine Tablets 30mg, BP

Doxycycline Capsules 100mg BP

Doxycycline Tablets 20mg DPF

Ephedrine Nasal Drops, BP

Erythromycin Ethyl Succinate Oral Suspension, BP

Erythromycin Ethyl Succinate Oral Suspension Paediatric, BP

Erythromycin Ethyl Succinate Tablets, BP

Erythromycin Stearate Tablets, BP

Erythromycin Tablets, BP

Fluconazole 50mg capsules, DPF

Fluconazole Oral Suspension 50mg/5ml, DPF

Hydrocortisone Cream 1%, BP

Hydrocortisone Oromucosal Tablets, BP

Hydrocortisone and Miconazole Cream DPF

Hydrocortisone and Miconazole Ointment DPF

Hydrogen Peroxide Mouth-wash, DPF

Ibuprofen Oral Suspension BP, Sugar Free

Ibuprofen Tablets, BP

Lidocaine/Lidocaine 5% Ointment, DPF

Lidocaine Spray 10% DPF

Menthol and Eucalyptus Inhalation, BP 1980

Metronidazole Oral Suspension, DPF

Metronidazole Tablets, BP

Miconazole Cream BP

Miconazole Oromucosal Gel, BP

Mouth-wash Solution-tablets, BP

Nitrazepam Tablets, BP

Nystatin Mixture, BP (includes sugar-free formulation)

Nystatin Ointment, BP

Oxytetracycline Tablets, BP

*Paracetamol Oral Suspension, BP (includes Sugar-Free formulation)

Paracetamol Tablets, BP

Paracetamol Tablets, Soluble, BP

Penciclovir Cream, DPF

Pethidine Tablets, BP

Phenoxymethylpenicillin Oral Solution, BP

Phenoxymethylpenicillin Tablets BP

(Syn: Penicillin VK Tablets BP)

Promethazine Oral Solution, BP

Promethazine Hydrochloride Tablets

Sodium Chloride Mouth-wash, Compound BP

Sodium Fluoride Mouth-wash BP

Sodium Fluoride Oral Drops DPF

Sodium Fluoride Tablets DPF

Sodium Fluoride Toothpaste 0.619% 75ml DPF

Sodium Fluoride Toothpaste 1.1% 52g DPF

Sodium Fusidate Ointment, BP

SST Saliva Stimulating Tablets

Temazepam Oral Solution, BP

Temazepam Tablets DPF

Tetracycline Tablets, BP

Triamcinolone Acetonide Dental Paste BP

Vitamin B Tablets, Compound, Strong, BPC

* **This title covers strengths of 120mg/5ml and 250mg/5ml: it is therefore necessary to specify the strength required.**

List of preparations as determined by the Scottish Ministers, which may be prescribed by Community Nurses & Health Visitors on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Only the Drugs, Dressings & Appliances in this list may be ordered by Nurses on Health Board Nurse Prescribers lists on forms GP10 (N).

Pharmacists are under no obligation to supply any other drugs, dressings or appliances that may be prescribed erroneously and can have no claim against the Health Board in respect thereof.

Medicinal Preparations

Almond Oil Ear Drops NPF
 Arachis Oil Enema NPF
 ■ Aspirin Tablets Dispersible 300mg BP

Bisacodyl Suppositories BP
 Bisacodyl Tablets BP

Catheter Maintenance Solution Chlorhexidine NPF
 Catheter Maintenance Solution Sodium Chloride NPF
 Catheter Maintenance Solution `Solution G' NPF
 Catheter Maintenance Solution `Solution R' NPF
 Chlorhexidine Gluconate Alcoholic Solutions containing at least 0.05%
 Chlorhexidine Gluconate Aqueous Solutions containing at least 0.05%
 Choline Salicylate Dental Gel DPF
 Clotrimazole Cream 1% BP
 Co-danthramer Capsules NPF
 Co-danthramer Capsules Strong NPF
 Co-danthramer Oral Suspension NPF
 Co-danthramer Oral Suspension Strong NPF
 Co-danthrusate Capsules BP
 (syn : Danthron & Docusate Sodium Capsules)
 Co-danthrusate Oral Suspension NPF
 Crothamiton Cream BP
 Crothamiton Lotion BP

Docusate Capsules 100mg NPF
 Docusate Enema NPF
 Docusate Enema Compound NPF
 Docusate Oral Solution NPF
 Docusate Oral Solution Paediatric NPF

Econazole Cream 1% BP

■ Only quantities up to 96 in packs of not more than 32

List of preparations as determined by the Scottish Ministers, which may be prescribed by Community Nurses & Health Visitors on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Emollients as listed:	<p>Aqueous Cream BP Arachis Oil BP Cetraben Decubal Clinic Dermamist Diprobase Cream Diprobase Ointment Doublebase E45 Cream Emulsifying Ointment BP Liinola Gamma Cream Hydromol Cream Hydromol Ointment Hydrous Ointment BP Keri Therapeutic Lotion Lipobase Liquid & White Soft Paraffin NPF Neutrogena Dermatological Cream Oilatum Cream Oilatum Junior Cream Paraffin, White Soft BP Paraffin, Yellow Soft BP QV Cream QV Lotion QV Wash Ultrabase ◆Ungentum Merck (re-named as Ungentum M) Zerobase Cream</p>
Emollient Bath Additives as listed	<p>Alpha Keri Bath Oil ◆Balneum Cetraben Dermal Bath Emollient Diprobath Doublebase Shower Gel Doublebase Emollient Bath Additive Hydromol Emollient Imuderm Bath Oil Oilatum Emollient Oilatum Junior Emollient Bath Additive Oilatum Gel Oilatum Gel QV Bath Oil</p>
	<p>Folic Acid 400microgram Tablets Folic Acid 400microgram/5ml Oral Suspension Glycerol Suppositories BP (Syn : Glycerin Suppositories) ♣Ibuprofen Oral Suspension BP ♣Ibuprofen Tablets BP NPF [♣Except for indications and doses that are POM.] Ispaghula Husk Granules NPF Ispaghula Husk Granules Effervescent ◆ Except packs that are not to be prescribed under the NHS (Schedule 10)</p>

List of preparations as determined by the Scottish Ministers, which may be prescribed by Community Nurses & Health Visitors on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

- Lactulose Solution
 Lidocaine Ointment BP
 Lidocaine & Chlorhexidine Gel BP
 Macrogol Oral Powder Compound NPF
 Macrogol Oral Powder Compound Half-Strength NPF (Movicol-Half)
 Macrogol Oral Powder NPF
 Magnesium Hydroxide Mixture BP
 (Syn: Magnesium Hydroxide Oral Suspension, Cream of Magnesia)
 Magnesium Sulphate Paste BP (Syn : Morison's Paste)
 Malathion Alcoholic Lotion(min. 0.5%)
 Malathion Aqueous Lotion (min. 0.5%)
 Mebendazole Oral Suspension S/F NPF
 Mebendazole Tablets NPF
 Methylcellulose Tablets BP
 Miconazole Cream 2%
 Miconazole Oral Gel NPF (DPF) – (15g & 80g Tubes)
 Mouthwash Solution Tablets
 Nicotine Inhalation Cartridge for Oromucosal Use, NPF
 Nicotine Lozenge, NPF
 Nicotine Medicated Chewing Gum, NPF
 Nicotine Nasal Spray, NPF
 Nicotine Sublingual Tablets NPF
 Nicotine Transdermal Patches, NPF
Prescriber should specify the brand & strength to be dispensed
- Releasing Nicotine over 16 hours
 Boots NicAssist Patches
 Nicorette Patches
 - Releasing Nicotine over 24 hours
 NIQuitin patches
 Nicotinell TTS Patches
 Nicopatch Patches
- Nystatin Oral Suspension BP
 (Syns : Nystatin Mixture, Nystatin Oral Drops, Nystatin Suspension)
 Olive Oil Ear Drops NPF
 Paracetamol Oral Suspension BP (Includes Sugar Free Formulation)
 ■ Paracetamol Tablets BP
 ■ Paracetamol Tablets Soluble BP
 Paraffin, White Soft BP
 Paraffin, Yellow Soft BP
 Permethrin Cream NPF
 Phenothrin Alcoholic Lotion NPF
 Phenothrin Aqueous Lotion
 Phosphate Suppositories NPF
 Phosphates Enema BP
 Piperazine & Senna Powder NPF
 Povidone-Iodine Solution BP
 Senna Granules Standardised BP
 Senna Oral Solution NPF
 ■ Only quantities up to 96 in packs of not more than 32

List of preparations as determined by the Scottish Ministers, which may be prescribed by Community Nurses & Health Visitors on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Senna Tablets BP
 Senna & Ispaghula Granules NPF
 Simeticone Barrier Cream (min. 10%)
 Simeticone Lotion 4%
 Sodium Bicarbonate Ear Drops BP
 Sodium Chloride Solution Sterile BP
 Sodium Citrate Compound Enema NPF
 Sodium Picosulphate Capsules NPF
 Sodium Picosulphate Elixir NPF
 Spermicidal Contraceptives as listed below:
 Gygel Contraceptive Jelly
 Sterculia Granules NPF
 Sterculia & Frangula Granules NPF

Titanium Ointment NPF
 Water for Injection BP
 Zinc & Caster Oil Ointment BP
 (Syn: Zinc & Caster Oil Cream)
 Zinc Cream BP
 Zinc Ointment BP
 Zinc Oxide & Dimeticone Spray NPF
 Zinc Oxide Impregnated Medicated Bandage NPF
 Zinc Oxide Impregnated Medicated Stocking NPF
 Zinc Paste Bandage BP1993
 Zinc Paste & Calamine Bandage
 Zinc Paste & Icthammol Bandage BP1993

DRESSINGS & APPLIANCES

All appliances and reagents included in this list must comply with the description, specifications, sizes, packs and quantities as specified in the entry in relevant Part of the Drug Tariff.

Items that are not included in the Nurse Prescriber Formulary are marked as 'Nx' in the extreme left margin. These items will not be paid on form GP10 (N).

Dressings

as listed in Part 2

Except where marked as 'Nx'

Appliances

as listed in Part 3

Except where marked as 'Nx'

Elastic Hosiery

As listed in Part 4

Incontinence Appliances

as listed in Part 5

(Incontinence pads are not allowed on GP10 (N))

Stoma Appliances and Associated Products

as listed in Part 6

Chemical Reagents

as listed in Part 9, except for

Item only allowed on stock order form GP10A

List of preparations as determined by the Scottish Ministers, which may be prescribed by Extended Nurse Formulary Prescribers on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

NURSE INDEPENDENT PRESCRIBING

From 30th April, the Nurse Prescriber Extended Formulary is discontinued. From 1st May 2006, Nurse Independent Prescribers are able to prescribe any licensed medicine for any medical condition, including some Controlled Drugs, as listed below.

Nurse Independent Prescribers:

- Must work within their own level of professional competence and expertise
- Are required to prescribe generically, except where this would not be clinically appropriate or where there is no approved generic name

Drug	Indication	Route
Buprenorphine	Transdermal use in palliative care	Transdermal
Chlordiazepoxide hydrochloride	For treatment of initial or acute withdrawal symptoms caused by the withdrawal of alcohol for persons habituated to it	Oral
Codeine Phosphate	N/A	Oral
Co-Phenotrope	N/A	Oral
Diamorphine	For use in palliative care, pain relief in respect of suspected myocardial infarction, or for relief of acute or severe pain after trauma, including in either case post-operative pain relief	Oral or Parenteral
Diazepam	For use in palliative care, treatment of initial or acute withdrawal symptoms caused by the withdrawal of alcohol for persons habituated to it, tonic-clonic seizures	Oral, Parenteral or Rectal
Dihydrocodeine Tartrate	N/A	Oral
Fentanyl	Transdermal use in palliative care	Transdermal
Lorazepam	Use in palliative care, tonic-clonic seizures	Oral or Parenteral
Midazolam	Use in palliative care, tonic-clonic seizures	Parenteral or buccal
Morphine Hydrochloride	For use in palliative care, pain relief in respect of suspected myocardial infarction, or for relief of acute or severe pain after trauma, including in either case post-operative pain relief	Rectal
Morphine Sulphate	For use in palliative care, pain relief in respect of suspected myocardial infarction, or for relief of acute or severe pain after trauma, including in either case post-operative pain relief	Oral, Parenteral or Rectal
Oxycodone Hydrochloride	Use in palliative care	Oral or Parenteral

List of preparations as determined by the Scottish Ministers, which may be prescribed by Extended Nurse Formulary Prescribers on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Nurse Independent Prescribers:

- Can prescribe licensed medicines independently for uses outside their licensed indications (so-called 'off license' or 'off label'). They must accept clinical/legal responsibility for that prescribing, and should only prescribe off-license/off-label where it is accepted clinical practice.
- May prescribe any appliances/dressings & reagents that are listed in Parts 2 to 6 and 9 of this tariff, subject to any limitations imposed by prescription form type
- Must not prescribe any drugs or other substances listed in Schedule 1` of the GMS regulations 2004 at NHS expense
- May prescribe drugs listed in Part 15 of this tariff (Schedule 2 of the GMS regulations 2004), but only in the specified circumstances for the specific patient groups as listed in the schedule
- Must not prescribe unlicensed medicines
- May prescribe borderline substances, which have been approved by the Advisory Committee on Borderline Substances (ACBS). A list of ACBS approved products and the circumstances under which they may be prescribed, can be found as Appendix 7 of the British National Formulary (BNF). Although this is a non-mandatory list, Nurse Independent prescribers should normally restrict their prescribing of borderline substances to items on the ACBS list.

It is anticipated that further information and guidance on nurse independent prescribing shall be published by the Scottish Executive Health Department in the imminent future.